

***In vitro* activity of ceftazidime, ciprofloxacin, meropenem,  
minocycline, tobramycin and trimethoprim-sulfamethoxazole  
against planktonic and sessile *Burkholderia cepacia* complex  
bacteria**

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**Running title:** Effect of six antibiotics against Bcc bacteria

**Keywords:** Antibiotics, biofilms, bacteriostatic, bactericidal, cystic fibrosis

## Synopsis

**Objectives:** The goal of the present study was to obtain a comprehensive overview of the bacteriostatic and bactericidal effects of six commonly used antibiotics on planktonic as well as on sessile *Burkholderia cepacia* complex cells.

**Methods:** The bacteriostatic and bactericidal activities of ceftazidime, ciprofloxacin, meropenem, minocycline, tobramycin and trimethoprim-sulfamethoxazole were determined on 38 *B. cepacia* complex strains. MICs and minimal biofilm inhibitory concentrations (MBICs) were determined using a traditional broth microdilution method and a novel resazurin-based viability staining, respectively. The bactericidal effects of the investigated antibiotics (using antibiotic concentrations corresponding to 10 x MIC; except for tobramycin, for which a final concentration of 4 x MIC was tested) on stationary phase planktonic cultures and on 24 h old biofilms were evaluated using conventional plate count methods.

**Results:** Our results confirm the innate resistance of *B. cepacia* complex organisms against six first-line antibiotics used to treat infected CF patients. All antibiotics showed similar bacteriostatic activities against exponentially growing *B. cepacia* complex planktonic cells and freshly adhered sessile cells (4 h). In addition, most of the antibiotics showed similar bactericidal effects on stationary phase planktonic cultures and on young and older biofilms.

**Conclusions:** Despite the general assumption that sessile cells show a decreased susceptibility to antibiotics, our data indicate similar bacteriostatic and bactericidal activity of six selected antibiotics against planktonic and sessile *B. cepacia* complex bacteria.

## Introduction

*Burkholderia cepacia* complex bacteria are opportunistic pathogens that can cause severe infections in patients with cystic fibrosis (CF) or chronic granulomatous disease (CGD) and in immunocompromised individuals.<sup>1</sup> The taxonomy of the genus *Burkholderia* has undergone several major revisions over the last decades. In the mid-1990s, “*Burkholderia cepacia*” strains were demonstrated to belong to at least five distinct species, which were collectively referred to as the *B. cepacia* complex.<sup>2</sup> Further taxonomic analyses revealed that even more species were present within the *B. cepacia* complex and currently 17 *B. cepacia* complex species have been described.<sup>2-5</sup> Except for *Burkholderia ubonensis*, all of these species have been isolated from sputum of CF patients,<sup>4,5</sup> with *Burkholderia cenocepacia* and *Burkholderia multivorans* being predominant.<sup>6</sup>

Infections with *B. cepacia* complex bacteria in CF patients are often correlated with increased morbidity and mortality and the innate resistance of these organisms to a broad range of antibiotics complicates the treatment of infected patients.<sup>7,8</sup> This panresistance is caused by various mechanisms, including limited permeability, changes in lipopolysaccharide structure and the presence of several multidrug efflux pumps, inducible chromosomal beta-lactamases and altered penicillin-binding proteins.<sup>9</sup> In addition, *in vitro* biofilm formation has been described for multiple *B. cepacia* complex strains and this may contribute to their ability to survive in the CF lung environment by providing additional protection from antibiotics.<sup>1,10,11</sup>

Treatment of *B. cepacia* complex infected patients should preferably be based on the results of susceptibility tests and often includes combination therapy with two or three antibiotics showing synergistic activity.<sup>7,12,13</sup> *In vitro* susceptibility studies on *B. cepacia* complex strains show that breakpoint concentrations of ceftazidime,

ciprofloxacin, meropenem, tetracyclines (doxycycline or minocycline) or high doses of tobramycin have a bacteriostatic activity against a considerable fraction of these strains.<sup>8,12,14</sup> Consequently, these antibiotics are often used to treat *B. cepacia* complex infected CF patients. In addition, co-trimoxazole (i.e. a combination of trimethoprim and sulfamethoxazole) is still frequently used in the treatment of chronic *B. cepacia* complex infections, although susceptibility testing of these complementary antibiotics revealed a poor activity against many *B. cepacia* complex strains.<sup>13,15</sup> Often, antibiotics showing a good *in vitro* activity fail *in vivo*. This failure is partly due to differences between the *in vitro* test conditions and the actual *in vivo* challenge. For example, in conventional susceptibility testing and multiple combination bactericidal testing (MCBT), planktonic cultures with actively-multiplying cells are used,<sup>12,16</sup> but these may poorly represent susceptibility of stationary phase or slow-growing cultures.<sup>17,18</sup> In addition, bacterial cells may reside in biofilms. These consortia of microbial cells are embedded in a matrix of self-produced extracellular components and they are considered to exhibit an increased resistance compared to their free-floating planktonic counterparts.<sup>19</sup> Finally, inactivation of antibiotics in sputum or insufficient antibiotic concentrations in sputum, might also contribute to a poor *in vivo* activity despite a satisfactory *in vitro* activity.<sup>20</sup> The first objective of the present study was to evaluate the growth inhibitory effect of six antibiotics (ceftazidime, ciprofloxacin, meropenem, minocycline, tobramycin and trimethoprim-sulfamethoxazole) on planktonic as well as on freshly adhered sessile cells (4 h) of all *B. cepacia* complex species. The second objective was to examine the bactericidal effect of these antibiotics on stationary phase planktonic cultures and to compare this to the bactericidal effect observed for biofilms.

## Materials and methods

### Strains and culture conditions

The following strains were used: *Burkholderia cepacia* LMG 1222<sup>T</sup> and LMG 18821; *B. multivorans* LMG 18822, LMG 18825, LMG 13010<sup>T</sup> and LMG 17588; *B. cenocepacia* LMG 16656<sup>T</sup>, LMG 18828, LMG 18829 and LMG 18830; *Burkholderia stabilis* LMG 14294<sup>T</sup> and LMG 14086; *Burkholderia vietnamiensis* LMG 18835 and LMG 10929<sup>T</sup>; *Burkholderia dolosa* LMG 18941 and LMG 18943<sup>T</sup>; *Burkholderia ambifaria* LMG 19182<sup>T</sup> and LMG 19467; *Burkholderia anthina* LMG 20980<sup>T</sup> and LMG 20983; *Burkholderia pyrrocinia* LMG 14191<sup>T</sup> and LMG 21824; *B. ubonensis* LMG 20358<sup>T</sup> and LMG 24263; *Burkholderia latens* LMG 24064<sup>T</sup> and R-11768; *Burkholderia diffusa* LMG 24065<sup>T</sup> and LMG 24266; *Burkholderia arboris* LMG 24066<sup>T</sup> and R-132; *Burkholderia seminalis* LMG 24067<sup>T</sup> and LMG 24272; *Burkholderia metallica* LMG 24068<sup>T</sup> and R-2712; *Burkholderia lata* LMG 6992 and R-9940; *Burkholderia contaminans* LMG 16227 and R-12710. All strains were obtained from the BCCM/LMG Bacteria Collection (Ghent, Belgium) or were kindly provided by Dr. P. Vandamme (Ghent University, Belgium). *Pseudomonas aeruginosa* ATCC 27853 and *Escherichia coli* ATCC 25922 were included as control strains and were obtained from the ATCC collection (Manassas, VA, USA). Cells were stored at -80°C using Microbank vials (Prolab Diagnostics, Richmond Hill, ON, Canada) and were subcultured twice on Mueller Hinton Agar (MHA; Oxoid, Hampshire, UK) before they were used in any experiment. All cultures were incubated aerobically at 37°C.

### Antibiotics

Ceftazidime, ciprofloxacin, tobramycin and sulfamethoxazole were obtained from Sigma-Aldrich (St. Louis, MO, USA). Minocycline and trimethoprim were obtained

from Certa (Braine-l'Alleud, Belgium) and meropenem was obtained from AstraZeneca (London, UK).

## Determination of the MIC

MICs were determined *in duplo* according to the EUCAST broth microdilution protocol using flat-bottomed 96-well microtitre plates (TPP, Trasadingen, Switzerland).<sup>21</sup> The range of antibiotic concentrations was from 0.25 mg/L to 128 mg/L for ceftazidime, ciprofloxacin, meropenem and minocycline; for tobramycin, higher concentrations were tested (between 2 mg/L and 1024 mg/L). Trimethoprim-sulfamethoxazole concentrations tested were between 0.25-4.75 mg/L and 128-2432 mg/L. The inoculum was standardized at appr.  $5 \times 10^5$  cfu/mL. The plates were incubated at 37°C for 20 h and the optical density was determined at 590 nm using a multilabel microtitre plate reader (Victor<sup>2</sup>, Perkin Elmer LAS, Waltham, MA, USA). The lowest concentration of antibiotic for which a similar optical density was observed in the inoculated and blank wells was recorded as the MIC. The quality of the test results was monitored using two control strains (*P. aeruginosa* ATCC 27853 and *E. coli* ATCC 25922). CLSI-interpretative criteria for MIC testing of non-Enterobacteriaceae were used to evaluate the MIC results.<sup>16</sup> An adapted breakpoint MIC of 256 mg/L was also included for tobramycin.<sup>14</sup>

## Determination of the minimal biofilm inhibitory concentration (MBIC)

In order to determine the growth inhibitory effects of the antibiotics on freshly adhered sessile cells, a novel non-standard method using a resazurin-based viability staining was applied.<sup>22</sup> The MBIC was defined as the minimum concentration of antibiotic necessary to prevent biofilm growth and maturation (i.e. the lowest

concentration that resulted in no further increase in biofilm biomass after 4 h of adhesion).

First, an overnight culture was diluted in Mueller Hinton Broth (MHB, Oxoid) to prepare an inoculum suspension containing appr.  $10^8$  cfu/mL. This suspension was added to the wells of a round-bottomed 96-well microtitre plate (TPP). Following 4 h of adhesion, the supernatant (containing non-adhered cells) was removed from all wells and the plates were rinsed with physiological saline (PS; 0.9% NaCl). Plate counts performed in preliminary experiments confirmed that following this 4 h period appr.  $10^5$  adhered cells are present in each well. Subsequently, 200  $\mu$ L of antibiotic-containing MHB (using identical antibiotic concentrations as in the MIC experiments) was added and plates were further incubated at 37°C. After 20 h of treatment, wells were again rinsed and finally 170  $\mu$ L PS and 34  $\mu$ L of a commercially available resazurin solution (CellTiter-Blue, CTB, Promega, Maddison, WI, USA) were added to all wells. Fluorescence was measured after 1 h incubation using a multilabel microtitre plate reader ( $\lambda_{\text{ex}}$ : 560 nm and  $\lambda_{\text{em}}$ : 590 nm). All MBIC experiments were performed *in duplo*.

#### **Determination of the bactericidal effect of antibiotics on biofilms**

For all strains, the bactericidal effect of the antibiotics on cells present in biofilms, which were grown for 24 h (4 h of adhesion and 20 h of biofilm formation), was determined using antibiotic concentrations corresponding to 10 x MIC, except for tobramycin, for which a final concentration of 4 x MIC was tested. In addition, the bactericidal effect of tobramycin on sessile cells in older biofilms (grown for 76 h [4 h adhesion, 72 h growth] or 100 h [4 h adhesion, 96 h growth]) was also evaluated.

Biofilms were grown on silicone discs (Q7-4735; Dow Corning, Midland, MI, USA) placed in the wells of a 24-well microtitre plate (TPP). Three discs were included per tested antibiotic and three untreated discs served as controls. Previous (unpublished) data from our own research group indicated that the number of cells present in the *B. cepacia* complex biofilms increased exponentially during appr. the first 16 h of biofilm development and remained constant afterwards.

Starting from an overnight culture, an inoculum suspension containing appr.  $10^8$  cfu/mL in MHB was prepared. Subsequently, 1 mL of this suspension was added to the wells. After 4 h of adhesion, all wells were rinsed three times using PS. Then, fresh sterile MHB was added and the biofilms were allowed to grow for an additional 20 h period. After 4 h adhesion and 20 h biofilm formation, all discs were rinsed once and subsequently transferred to the wells of a microtitre plate containing antibiotics (in PS). After a 20 h treatment period, all discs were again rinsed and transferred to 10 mL MHB. Sessile cells were removed from the discs by 3 cycles of vortexing (30s) and sonication (30s; Branson 3510, Branson Ultrasonics Corp, Danbury, CT, USA) and the number of cells was determined using conventional plate count methods.<sup>23</sup>

Older biofilms (76 h and 100 h) were grown and treated similarly; but an additional refreshment of medium was performed every 24 h.

#### **Determination of the bactericidal effect of antibiotics on stationary phase planktonic cultures**

The bactericidal effect of all antibiotics on stationary phase planktonic cells was determined for each strain using antibiotic concentrations corresponding to 10 x MIC (or 4 x MIC for tobramycin).



Starting from an overnight culture, an inoculum suspension containing appr.  $10^8$  cfu/mL in MHB was prepared. This inoculum suspension was grown aerobically for 24 h (stationary phase planktonic cultures) in a shaking warm water bath at 37°C. Subsequently, these cells were harvested by centrifugation, washed three times and diluted in PS until a suspension was obtained containing (per mL) twice the number of cfu present in the corresponding untreated biofilms. 500 µL of the latter suspension was added to 500 µL of double-concentrated antibiotic solutions (in PS). After 20 h of exposure to the antibiotics, the number of surviving cells in the treated and untreated planktonic cultures was determined using conventional plate count methods.

### **Confocal laser scanning microscopy (CLSM)**

The effects of all antibiotics on *B. cenocepacia* LMG 16656 biofilm morphology were visualized using CLSM. To this end, 1 µl of Syto9 ( $\lambda_{exc}$ : 480 nm;  $\lambda_{em}$ : 500 nm; 3.34mM in DMSO) and 1 µl of propidium iodide ( $\lambda_{exc}$ : 490 nm;  $\lambda_{em}$ : 635 nm; 20 mM in DMSO) (LIVE/DEAD BacLight bacterial viability kit L7012; Invitrogen, Carlsbad, CA, USA) were added to the biofilm supernatant. After a 15 min incubation period at room temperature, the biofilms were visualized with a Nikon C1 confocal laser scanning module attached to a motorized Nikon TE2000-E inverted microscope (Nikon Benelux, Brussels, Belgium) equipped with a Plan Apochromat 60.0x/1.20/0.22 water immersion objective.

## **Results**

### **MIC and MBIC experiments**

The results of the broth microdilution MIC tests are shown in Table 1. In general, the MICs observed for ciprofloxacin, tobramycin and trimethoprim-sulfamethoxazole varied widely, with MICs ranging from <0.25 mg/L to 128 mg/L, from 2 mg/L to 1024 mg/L and from 0.25-4.75 mg/L to >128-2432 mg/L, respectively. The MICs for meropenem were between 0.5 mg/L and 32 mg/L, among the tested antibiotics representing the narrowest range. Meropenem, minocycline and ceftazidime were the most active antibiotics as only 39.5%, 15.8% and 39.5% of the tested strains, respectively, showed no growth-inhibition at breakpoint antibiotic concentrations. Although low concentrations of tobramycin ( $\leq 4$  mg/L) were only able to inhibit growth of *B. contaminans* R-12710, high concentrations of tobramycin (> 256 mg/L) were active against 34 out of the 38 strains tested (89.5%). Among the antibiotics tested, ciprofloxacin and trimethoprim-sulfamethoxazole had the lowest activity, as 47.4% and 76.3% of the tested strains continued growing in the presence of breakpoint concentrations of these antibiotics.

In general, the MICs observed for planktonic cells and the MBICs observed for freshly adhered (4 h) sessile cells were highly similar; only in 3.9% of the cases the MBICs showed more than a four fold difference compared to the corresponding MICs (data not shown). A scatter plot illustrating the high similarity between the minimal concentrations of ciprofloxacin necessary to prevent growth of planktonic and freshly adhered sessile cells is presented in Figure 1. Similar scatter plots were obtained for all other antibiotics (data not shown).

**Determination of the bactericidal effect of antibiotics on stationary phase planktonic cultures and on biofilms**

The bactericidal effect of all antibiotics was determined on stationary phase planktonic cultures, which were grown for 24 h, as well as on 24 h old biofilms. In addition, the bactericidal effect of tobramycin on older planktonic cultures and biofilms (grown for 76 h or for 100 h) was also determined for three selected strains (*B. multivorans* LMG 18825, *B. cenocepacia* LMG 16656 and *B. dolosa* LMG 18943). In order to allow a comparison under similar conditions, the number of planktonic cells was adjusted to be equal to the number of sessile cells present in the corresponding biofilms.

In general, the bactericidal effect of most antibiotics was comparable for all tested strains. Box plots representing an overview of the number of cfu/ (disc or mL) in the untreated controls and in the treated planktonic cultures and biofilms are shown in Figure 2. On average, less than a 90% reduction in the number of surviving cells was observed after treating planktonic cultures and biofilms with trimethoprim-sulfamethoxazole, minocycline or ceftazidime. Among the tested antibiotics, tobramycin showed the highest bactericidal activity against planktonic *B. cepacia* complex cells, despite the fact that the tested concentrations were only four times higher than the corresponding MICs. In some cases, treatment with tobramycin even resulted in a total eradication of all planktonic cells. For 36 of the tested strains (94.7%), tobramycin had the highest bactericidal activity of the tested antibiotics against sessile cells. CLSM images of untreated and ceftazidime-, ciprofloxacin-, meropenem-, minocycline- and trimethoprim-sulfamethoxazole-treated *B. cenocepacia* LMG 16656 biofilms revealed that no changes in biofilm morphology were induced by the latter treatments (Figure 3A and 3B and data not shown). The large reductions in cells numbers following a treatment with tobramycin were also confirmed (Figure 3C).

For the majority of antibiotics tested, the fraction of surviving planktonic and sessile cells was similar (representative results for two strains are shown in Figure 4); after treatment with ciprofloxacin, minocycline or trimethoprim-sulfamethoxazole, the fraction of surviving sessile and planktonic cells showed less than a 10-fold difference for all strains. Treatment with ceftazidime or meropenem led to more than a 10-fold difference in reduction between planktonic cultures and biofilms for 3 (7.9%) and 6 (15.8%) strains, respectively. For 24 of the strains tested (63.2%), the fraction of sessile cells surviving a tobramycin treatment showed more than a 10-fold difference compared to the fraction of surviving planktonic cells. Treatments with tobramycin on older biofilms and on older planktonic cultures resulted in similar reductions as seen for the biofilms and the stationary phase planktonic cultures that were grown for only 24 h (Figure 5).

## Discussion

Antibiotic resistance is considered an important virulence factor of *B. cepacia* complex organisms.<sup>1</sup> Although therapy is usually guided by antimicrobial susceptibility testing, eradication of *B. cepacia* complex organisms is rarely achieved.<sup>24</sup> Multiple hypotheses have been formulated to explain this failure, including inadequate antibiotic concentrations or inactivation of the antibiotic in sputum, impaired host defences in CF patients, biofilm formation, 'inoculum' effect and *in vivo* growth rate of these organisms.<sup>18</sup> In the present study, we have focussed on the growth inhibitory and bactericidal effects of ceftazidime, ciprofloxacin, meropenem, minocycline, tobramycin and trimethoprim-sulfamethoxazole on 38 *B. cepacia* complex strains belonging to 17 species.

## Growth inhibitory concentration of antibiotics for exponentially growing planktonic cultures and for freshly adhered sessile cells

In general, our results confirm the previously reported high intrinsic resistance of *B. cepacia* complex strains against a broad variety of antibiotics.<sup>8,12,13</sup> Meropenem, minocycline and ceftazidime showed the best growth inhibitory activity at clinically relevant concentrations. Although *B. cepacia* complex organisms are typically resistant against aminoglycosides,<sup>9</sup> high doses of tobramycin inhibited the majority of tested strains. Nebulized tobramycin yielding high peak concentrations in sputum, are increasingly used for treating CF patients.<sup>17,25,26</sup> Consequently, these higher concentrations should be taken into account when evaluating the usefulness of this antibiotic. Several reports confirm that nebulized tobramycin shows great promise in the treatment of *B. cepacia* complex infected CF patients: for example, Middleton *et al.* recently described the complete eradication of *B. cepacia* complex organisms from the lungs of CF patients by using a combination of nebulized tobramycin and amiloride.<sup>24</sup> In addition, a combination therapy with nebulized and intravenous meropenem and tobramycin also resulted in the successful treatment of a female CF-patient suffering from cepacia syndrome, although the sputum samples of the latter patient remained positive for *B. cenocepacia*.<sup>27</sup>

Multiple studies have reported a decreased susceptibility to certain antibiotics (e.g. meropenem, ceftazidime) of *P. aeruginosa* and *B. cepacia* complex isolates grown as biofilms.<sup>28-31</sup> However, the results of the present study indicate that the growth inhibitory concentrations for exponentially growing *B. cepacia* complex planktonic cells and for freshly adhered sessile cells are similar. This discrepancy between our results and those from previous studies may be due to pronounced differences in experimental approach. For example, some studies compared the bacteriostatic

activity of antibiotics against planktonic and dispersed cells with the bactericidal activity against sessile cells (Minimal Biofilm Eradication Concentration; MBEC).<sup>30,31</sup> Other studies compared the minimal growth inhibitory concentrations of antibiotics on actively growing planktonic cultures with biofilm inhibitory concentrations (BICs) obtained after treating 20 h-old biofilms.<sup>28,29</sup> Yet, in order to allow a correct comparison between the susceptibility of planktonic and sessile *B. cepacia* complex cells, experimental conditions (including growth phase) should be identical. In fact, previous research on a *B. cepacia* strain revealed a dramatic decrease in susceptibility for ceftazidime and ciprofloxacin during the progression of the exponential growth phase. An increase of the resistance was observed for both planktonic cultures and biofilms of this strain during the later stages of the exponential growth phase, compared to the earlier stages of exponential growth.<sup>18</sup> Consequently, in the present study, we aimed to compare the growth inhibitory effects of antibiotics against planktonic and sessile *B. cepacia* complex cells under similar experimental conditions.

#### **Bactericidal effect of antibiotics on stationary phase planktonic cultures and on biofilms**

The bactericidal effect of all antibiotics, at a concentration of 10 x MIC (4 x MIC for tobramycin), was evaluated for planktonic cultures grown for 24 h as well as for biofilms obtained after 24 h (4 h of adhesion and 20 h of biofilm formation). Trimethoprim-sulfamethoxazole and minocycline, both bacteriostatic agents, yielded the lowest reductions in cell numbers under these test conditions. Tobramycin had the highest bactericidal effect among the antibiotics tested: on average reductions of

more than 99.999% and 99.98% were observed when treating planktonic cultures and biofilms, respectively.

For the majority of strains, treatment with ceftazidime, ciprofloxacin, meropenem, minocycline or trimethoprim-sulfamethoxazole yielded similar reductions in the number of planktonic and sessile cells. In addition, CLSM images revealed that no changes in biofilm morphology were induced by the latter treatments. Treatment with tobramycin mostly resulted in a higher reduction in the number of planktonic cells compared to that observed in biofilms; yet, for some strains, including *B. dolosa* and *B. anthina* strains, similar reductions were observed under both conditions.

Previously, Spoering and Lewis reported similar bactericidal activity of carbenicillin, ofloxacin and tobramycin on sessile and planktonic *P. aeruginosa* PAO1 cells.<sup>17</sup> They concluded that the general assumption about sessile cells showing an increased tolerance against antibiotics relative to stationary-phase planktonic cultures is unwarranted. The minor differences in reductions in the antibiotic-treated planktonic cultures and biofilms observed for the large majority of *B. cepacia* complex strains in the present study are in agreement with their observations. Yet, unlike their observations for *P. aeruginosa* PAO1, we did observe a decreased susceptibility of sessile cells towards tobramycin for multiple *B. cepacia* complex strains. This decreased susceptibility could be due to binding of the cationic tobramycin to biofilm components, resulting in retarded penetration. Yet, other biofilm specific factors may also play a role.<sup>32</sup>

In order to evaluate a possible increase in resistance towards tobramycin in older biofilms and planktonic cultures compared to their younger counterparts, we also determined the bactericidal effect of tobramycin on biofilms and planktonic cultures grown for 76 h and 100 h. In previous studies on the susceptibility of *P. aeruginosa*

370 biofilms, an increased resistance of older biofilms against this antibiotic was  
371 reported.<sup>33</sup> Yet, in the present study no meaningful differences in susceptibility  
372 between the older biofilms and planktonic cultures, on the one hand, and their  
373 younger counterparts, on the other hand, were observed (Figure 5). A possible  
374 explanation for this unexpected result may lie in the differences of the used growth  
375 conditions and consequently, in the differences in observed growth patterns. Unlike  
376 in some previous studies, cell numbers did not increase further in the older *B.*  
377 *cepacia* complex biofilms compared to the younger biofilms (grown after 24 h).<sup>33, 34</sup>  
378 In fact, the impact of these variations in growth pattern, which are the result of  
379 differences in nutritional limitations, can influence greatly the susceptibility to  
380 antibiotics.<sup>35</sup>

381  
382 In conclusion, under the conditions used in the present study, our results show  
383 similar bacteriostatic activities of the antibiotics tested against exponentially growing  
384 planktonic *B. cepacia* complex cells and freshly adhered sessile cells. In addition,  
385 similar bactericidal activities were observed against planktonic cultures and biofilms  
386 for the majority of antibiotics tested. The results of the present study support the  
387 hypothesis that the selection of antibiotics for the treatment of *B. cepacia* complex  
388 infected CF patients should not only be based on conventional culturing techniques  
389 for planktonic cells. In fact, the lack of correlation between the conventional *in vitro*  
390 susceptibility tests and the clinical response caused by these antibiotics *in vivo*,  
391 suggests that other methods focussing on the bactericidal effect of antibiotics against  
392 stationary phase planktonic cells or biofilms may provide a better alternative for  
393 clinicians to select the best possible treatment.<sup>29,36,37</sup>



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## Transparency declaration

None to declare

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512 Table1: MIC of six antibiotics for 38 *B. cepacia* complex strains and two control  
513 strains.

Strain	MIC (mg/L)					
	CAZ (8 <sup>a</sup> )	CIP (1 <sup>a</sup> )	MEM (4 <sup>a</sup> )	MIN (4 <sup>a</sup> )	TOB (4 <sup>a</sup> or 256 <sup>b</sup> )	SXT (2-38 <sup>a</sup> )
<i>B. cepacia</i> LMG 18821	64	16	16	16	512	8-152
<i>B. cepacia</i> LMG 1222 <sup>T</sup>	32	1	8	2	32	8-152
<i>B. multivorans</i> LMG 18822	32	4	16	4	128	16-304
<i>B. multivorans</i> LMG 18825	4	4	8	1	128	8-152
<i>B. multivorans</i> LMG 13010 <sup>T</sup>	4	4	4	2	64	4-76
<i>B. multivorans</i> LMG 17588	4	1	4	2	64	8-152
<i>B. cenocepacia</i> LMG 16656 <sup>T</sup>	128	8	32	16	256	>128-2432
<i>B. cenocepacia</i> LMG 18828	32	128	8	4	256	128-2432
<i>B. cenocepacia</i> LMG 18829	8	4	4	8	128	32-608
<i>B. cenocepacia</i> LMG 18830	8	16	4	1	1024	8-152
<i>B. stabilis</i> LMG 14294 <sup>T</sup>	8	32	4	1	128	>128-2432
<i>B. stabilis</i> LMG 14086	4	0,5	2	1	32	2-38
<i>B. vietnamiensis</i> LMG 18835	4	1	2	2	64	8-152
<i>B. vietnamiensis</i> LMG 10929 <sup>T</sup>	4	1	1	1	16	8-152
<i>B. dolosa</i> LMG 18943 <sup>T</sup>	>128	64	32	4	128	32-608
<i>B. dolosa</i> LMG 18941	32	64	8	4	256	16-304
<i>B. ambifaria</i> LMG 19182 <sup>T</sup>	4	<0.25	2	1	16	2-38
<i>B. ambifaria</i> LMG 19467	2	2	2	2	128	4-76
<i>B. anthina</i> LMG 20980 <sup>T</sup>	2	<0.25	1	<0.25	16	4-76
<i>B. anthina</i> LMG 20983	4	<0.25	2	<0.25	32	1-19
<i>B. pyrrocinia</i> LMG 14191 <sup>T</sup>	16	1	8	2	64	8-152
<i>B. pyrrocinia</i> LMG 21824	16	2	4	4	512	8-152
<i>B. ubonensis</i> LMG 20358 <sup>T</sup>	4	1	8	2	64	4-76
<i>B. ubonensis</i> LMG 24263	8	1	16	2	64	2-38
<i>B. latens</i> LMG 24064 <sup>T</sup>	4	4	2	4	32	8-152
<i>B. latens</i> R-11768	16	8	16	8	512	16-304
<i>B. diffusa</i> LMG 24065 <sup>T</sup>	32	2	4	1	128	4-76
<i>B. diffusa</i> LMG 24266	32	2	4	1	64	4-76
<i>B. arboris</i> LMG 24066 <sup>T</sup>	4	1	2	2	64	1-19
<i>B. arboris</i> R-132	8	<0.25	8	<0.25	128	1-19
<i>B. seminalis</i> LMG 24067 <sup>T</sup>	8	2	4	16	128	4-76
<i>B. seminalis</i> LMG 24272	4	1	2	2	64	8-152
<i>B. metallica</i> LMG 24068 <sup>T</sup>	32	0.5	8	4	64	4-76
<i>B. metallica</i> R-2712	16	0.5	8	2	64	2-38
<i>B. lata</i> LMG 6992	2	0.25	0.5	0.5	32	0.25-4.75
<i>B. lata</i> R-9940	2	0.25	1	1	16	2-38
<i>B. contaminans</i> LMG 16227	16	1	4	8	32	8-152
<i>B. contaminans</i> R-12710	8	0.25	2	1	2	4-76
<i>P. aeruginosa</i> ATCC 27853	2	0.5	0.5	-	0.5	16-304
<i>E. coli</i> ATCC 25922	0.25	0.008	0.016	0.5	0.5	≤0.5-9.5

514 <sup>a</sup> Breakpoint concentrations CLSI guidelines non-Enterobacteriaceae

<sup>b</sup> Breakpoint for high concentrations of tobramycin achieved by nebulization

CAZ: ceftazidime; CIP: ciprofloxacin; MEM: meropenem; MIN: minocycline; TOB: tobramycin; SXT: trimethoprim-sulfamethoxazole (1-19)

Figure 1: Scatter plot of the minimal concentrations of ciprofloxacin necessary to inhibit growth of planktonic cultures (MIC) and freshly adhered sessile cells (4 h, MBIC) of the 38 tested *B. cepacia* complex strains.

Figure 2: Boxplot illustrating the distribution of the number of cfu/ (disc or mL) recovered from the untreated and treated planktonic cultures (white) and biofilms (grey) for all 38 tested *B. cepacia* complex strains.

UC: untreated control; CAZ: ceftazidime; CIP: ciprofloxacin; MEM: meropenem; MIN: minocycline; TOB: tobramycin; SXT: trimethoprim-sulfamethoxazole (1-19)

Figure 3: Representative images of 24 h old *B. cenocepacia* LMG 16656 biofilms, which were treated with saline (A), ciprofloxacin (80 mg/L; B) or tobramycin (1024 mg/L; C) during 20 h. The scale bar represents 20  $\mu$ m.

Figure 4: Average numbers of cells (log) present in treated and untreated *B. multivorans* LMG 18825 and *B. cenocepacia* LMG 16656 planktonic cultures (white bars) and biofilms (grey bars). Error bars represent standard deviations.

UC: untreated control; CAZ: ceftazidime; CIP: ciprofloxacin; MEM: meropenem; MIN: minocycline; TOB: tobramycin; SXT: trimethoprim-sulfamethoxazole (1-19)

Figure 5: Average numbers of cells (log) present in untreated and tobramycin treated *B. multivorans* LMG 18825, *B. cenocepacia* LMG 16656 and *B. dolosa* LMG 18943 planktonic cultures (untreated: black bars; treated: white bars) and biofilms (untreated: shaded bars; treated: grey bars) which were first grown for 24 h, 76 h or 100 h. Error bars represent standard deviations.